



# FMP Medical Practice

## ADHD Continuation of Care

At FMP, some of our GPs are now offering ADHD continuation prescribing for eligible patients under the NSW continuation prescribing pathway.

This service is currently available for regular patients of the practice only.

### What is ADHD continuation prescribing?

Continuation prescribing allows specially authorised GPs to provide ongoing prescriptions and monitoring for patients with an existing ADHD diagnosis who are already stable on their medication.

This service is designed to make ongoing ADHD care more accessible and convenient, while ensuring safe and appropriate monitoring.

#### Who may be eligible?

You may be eligible if you:

- Have a confirmed ADHD diagnosis from a psychiatrist, paediatrician, or neurologist
- Are stable on your current ADHD medication
- Are aged 6 years or older
- Have appropriate documentation from your specialist

#### What medications can be continued?

Our authorised GPs may continue prescribing certain ADHD medications, including:

- Dexamphetamine
- Vyvanse (lisdexamfetamine)
- Ritalin / Concerta (methylphenidate)

#### What to bring to your appointment

Please ensure you provide:

- Your ADHD continuation of care letter from your diagnosing specialist
- A current medication list
- Recent specialist correspondence (if available)
- Any recent ECG or blood test results related to ADHD treatment

#### Ongoing monitoring

To support safe prescribing, regular review appointments and monitoring may be required. This can include:

- Blood pressure and weight checks
- Review of symptoms and side effects
- ECG and blood tests where clinically indicated

#### Important information

This service is not available for:

- New ADHD assessments or diagnoses
- Patients who are not yet stable on medication
- Significant medication changes requiring specialist input

If a specialist review is required, your GP will discuss the most appropriate next steps with you.



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### Initial Appointment

- Bookings are available via HotDoc only. Reception are unable to book this type of appointment.
- When booking, you must accept the Terms & Conditions and provide card details. A \$100 deposit is required to secure your appointment.
- The initial appointment will be 30 minutes.
- A continuation of care letter from your treating specialist is required for your appointment.
- A pre-appointment questionnaire will be sent at booking and must be completed prior to your appointment.

### During your appointment, your GP will:

- Review your specialist's letter and supporting documentation
- Review any relevant results (ECG, Blood tests) and order any follow-up.
- Discuss your completed questionnaire
- Review your medication history
- Assess your ongoing ADHD management and prescribing requirements

### Ongoing care:

- Regular review appointments will be required to continue to receive prescriptions from your GP.
- Appointments should be booked in advance and maintained with the same GP to ensure continuity of care.
- *ADHD medication cannot be prescribed without a consultation.*

### Appointment fees

A longer consultation time is required due to additional review and administrative work. An up-front cost of \$185 applies to all patients, with a partial Medicare rebate available.

### How to book?

This appointment type is available for online bookings only through our HotDoc application and cannot be booked via reception. Please follow the links below to make an appointment.

**FMP Wollongong**

**FMP Towradgi**

**FMP Woonona**